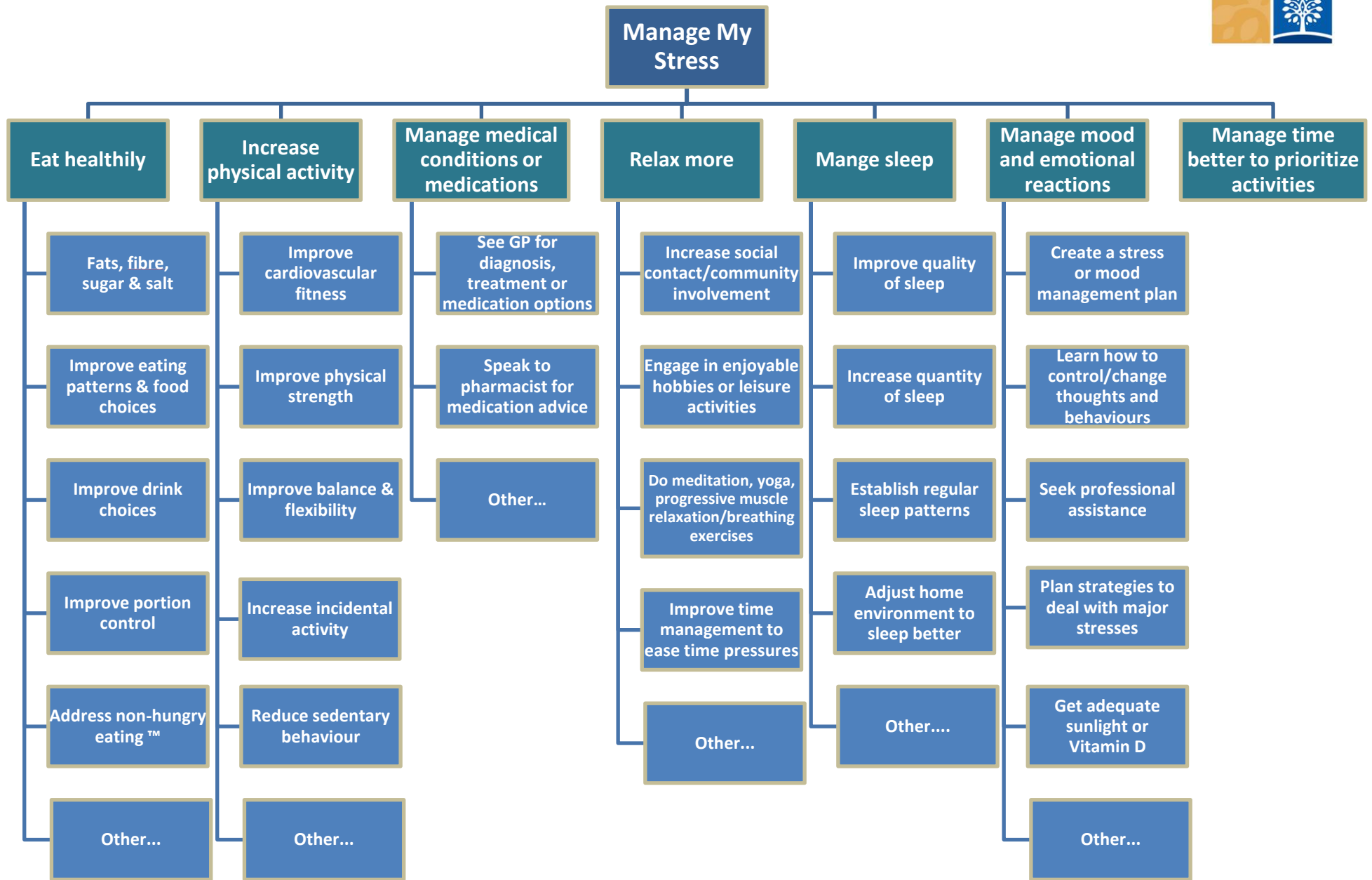


HCA Menu of Options for Managing My Stress



™ Trademark of Dr Rick Kausman